21 February 2013

FROM THE PRINCIPAL

Thank-you

- To all of the parents and staff that assisted with the running of the School Disco on Friday night. A special thanks to the parents who did most of the organising in particular Julie Gerhardt, Karen Reeves and Anita and Terry Ferguson. It was a great night and the students really appreciated your support.
- To Peter Campbell for all of the organisation for Ash Wednesday celebrations and to all of the parents that joined us for these events.
- Again thank-you to all of our teachers for all of the work that went into the Parent Information Evening and to all of the school officers who helped with preparations for the evening.
- Thank-you to all of the parents who came along to the Parent Information Evening. It sends a very strong message to your children when they see you very interested in their learning.
- To Vicki Major and Deb Albion for accompanying our Year 7s on their excursion to Cherbourg. It was a very informative and beneficial day for our Year 7s and their involvement and interest was exemplary.
- To everyone who attended the P&F meeting last Tuesday night. It was our first meeting for the year and it was great to see new faces. It was also wonderful to hear your suggestions, thoughts and general input into our P&F projects.

Our next meeting is Tuesday March 12th, so if there is anything you would like to see on the agenda, please contact Paul Norris (President), Jo Buchanan (Secretary) or Colleen Miller (Treasurer).

Beginning of Year Test Regime

The beginning of the year is a very important time in every year level for teachers to be gathering the most accurate and informative data about each of the students in their class. This information assists the teachers in making sure that they are planning for the most effective learning for each student. One of the avenues in which we gather data is through standardised testing. This testing is delivered in various formats depending on the year level of the students. This year we are also implementing some of these tests in an on-line format.

Standardised Tests are assessments that have consistent content, administration and scoring. The consistency permits reliable comparison of outcomes across students, classes, schools, states and nations eg: PAT-R, PAT-M, Torch Test, Fine Motor.

Why do we need Standardised Testing?

- Standardised tests can be developed to match national and state standards.
- Properly designed standardised tests can tell how individual learners, groups of learners, or a school are doing in comparison to a norming group that is supposed to represent “typical” students.
- Over time, comparable standardised tests that test for the same things can reveal longitudinal trends. (Student data can be reliably compared over the course of their schooling, giving evidence for accountability.)

At St Pat’s Primary we use Standardised Testing to help us provide data to indicate such things as;

- Students’ particular skills and knowledge
- Levels of proficiency, competency or mastery
- If particular programs and pedagogies are making a difference for individual learners or groups of learners
- Bases for grouping learners together
- Bases for assigning particular teachers and other school personnel to individual learners or groups of learners
- Bases for committing financial resources to particular programs, resources and materials
- Readiness of individual learners or groups of learners to proceed to the next learning

If your child comes home and says that they have had a “test” today, this is what it is all about. If you would like more information regarding this, please don’t hesitate to ask.

Time to Turf

Late last year we consulted with our school community on a proposal to artificially turf our main playground. This included discussions with staff and parents at the P & F Meeting. We also surveyed our school community. We had 54 people reply to this survey with 50 people supportive of the proposal. Most people would obviously prefer lush real grass but the majority of people can see that it is near impossible to keep real grass while still allowing our students to play on the playground each school day. Through this survey we also gleaned advice from participants on some of the issues we need to be wary of eg drainage, heat and longevity of the product. Due to the support...
that we have for this project we will be pursuing the artificial turfing of our main play area.

At the P & F Meeting this week, there was full support for directing the majority of raised funds this year to this project. Over the coming weeks you will hear more about some of the specific fundraising for this project.

School Hat
At our Board Meeting last week, we reviewed the wording on our Uniform Guidelines regarding our School Hat. It has become very obvious that our students love our new bucket hats. We are also very confident that they fit the sun-safe requirements. For this reason we are rewording our guidelines to articulate that all students need a hat and that our “School Bucket Hat” meets requirements. Therefore we are happy for a student to either wear the bucket hat or the broad-brimmed hat as their school hat. Either hat can be worn to and from school. If anyone has any further questions regarding this please do not hesitate to ask.

Media Consent Forms
Our current media consent forms that we hold for students are not really comprehensive enough to cover all of our current needs. For this reason we will be issuing a new media consent form that will need to be filled in for each of our students. One of these notes will be sent home with every student. Could you please return these notes back to school ASAP? Thanks for this.

Student Welfare Worker
Last year we were successful in our application to the National School Chaplaincy and Student Welfare Program funded by DEEWR for a Student Welfare Worker. Anna Neynens, who many of you have now met, was appointed to this position at the beginning of this year. This link below takes you to information regarding the important role that Anna will play in our school this year. Anna’s contact details are on the attached document. Anna will work very closely with the Student Support Admin Team (Myself as Principal, Eric Elems and Peter Campbell as Assistant Principal, Karen Holmes as Guidance Counsellor and Chrissi O’Connell as Support Teacher).

Lent Prayer: A Time for Turning Round
Truly dust we are, and to dust we shall return; and truly yours we are, and to you we shall return. Help this to be a time of turning round and beginning again.

Through the forty days of Lent, help us to follow you and to find you: in the discipline of praying and in the drudgery of caring – in whatever we deny ourselves, and whatever we set ourselves to learn or do.

Help us to discover you in our loneliness and in community, in our emptiness and our fulfilment, in our sadness and our laughter. Help us to find you when we ourselves are lost.

Help us to follow you on the journey to Jerusalem to the waving palms of the people’s hope, to their rejection, to the cross and empty tomb. Help us to perceive new growth amid the ashes of the old. Help us, carrying your cross, to be signs of your Kingdom.

Amen.

Written by Jan Sutch Pickard, in Traveling to Easter with Jesus as our Guide, posted on the website of Patmos Abbey—The Order of Saint Columba. http://www.patmosabbey.org/

Best wishes for the week ahead.

Kathy Fuller
PRINCIPAL

FAITH & MISSION

The MJR / Values Focus is BE WELCOMING. When we welcome each other …
…we celebrate the Spirit among us

This value is the focus of our prayer and pastoral time in classrooms. (In particular the practical little things we can do to make people feel welcome)

Thank you very much to the students in 6L and Mr Lynch for leading our prayer assembly last Friday morning. The students shared many great ideas about what being a welcoming person means to them and they also shared many practical ideas to help us be welcoming of others.

Term 1 Religious Education Units
Below is an overview of the Religious Education Units being implemented across the school during Term 1. Over the next few weeks I will elaborate on these units, giving more detail as to what is involved in each unit. If you have any questions about the content of the unit of work your child is engaged in please feel free to contact your class teacher or myself.

<table>
<thead>
<tr>
<th>Year</th>
<th>Strand</th>
<th>Focus</th>
</tr>
</thead>
<tbody>
<tr>
<td>Prep</td>
<td>Early Learning Areas: Religious Education</td>
<td>Who is Jesus? Supported by 2013 Lenten resources</td>
</tr>
<tr>
<td>Year 1</td>
<td>Early Learning Areas: Religious Education Morality Level 1</td>
<td>Stories and Messages Supported by Lenten resource</td>
</tr>
<tr>
<td>Year 2</td>
<td>Morality Level 1</td>
<td>Peaceful Relationships Supported by 2013 Lenten resources</td>
</tr>
<tr>
<td>Year 3</td>
<td>Morality Level 1/2</td>
<td>Acting Justly Supported by 2013 Lenten resources</td>
</tr>
</tbody>
</table>
As mentioned in the newsletter earlier in the term, this year we will begin engaging with the new Religion Curriculum P-12 for the Brisbane Archdiocese. The Religion Curriculum P-12 describes core content that is to be taught and that students should learn. The new curriculum will therefore be the starting point for planning for teaching, learning and assessing of Religion at St Patrick’s. This term staff will engage in professional learning activities to engage and familiarize themselves with the new curriculum before we begin implementing it later in the year. The four strands of the new Religion Curriculum P-12 are Sacred Texts, Beliefs, Church and Christian Life. These four strands are interrelated and their content will be taught in an integrated way.

### Australian Curriculum

At St Patrick’s we began the process of implementing the Australian Curriculum at the start of 2011. At the start of this year all classes are Planning, Teaching, Assessing and Reporting in three of the first four Learning Areas of the Australian Curriculum – English, Science and Mathematics. This term all teachers are engaged in professional learning activities focussed on the Australian Curriculum – History. From the beginning of Term 3 all classes will be Planning, Teaching, Assessing and Reporting in all of the first four Learning Areas of the Australian Curriculum – English, Science, Mathematics and History.

### What’s Happening?

#### This Week - Week 4

<table>
<thead>
<tr>
<th>Date</th>
<th>Activity</th>
<th>Location</th>
<th>Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>19/02</td>
<td>Parish Mass 4B</td>
<td>Church</td>
<td>9am</td>
</tr>
<tr>
<td>21/02</td>
<td>Caring Mass Year 5</td>
<td>Church</td>
<td>9:30am</td>
</tr>
<tr>
<td>22/02</td>
<td>Assembly Year 4G(MJR Focus: Welcoming)</td>
<td>Trinity Hall</td>
<td>9am</td>
</tr>
</tbody>
</table>

**Liturgy of Word / Reconciliation**

**No class rostered**

#### Next Week – Week 5

<table>
<thead>
<tr>
<th>Date</th>
<th>Activity</th>
<th>Location</th>
<th>Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>26/02</td>
<td>Parish Mass Year 6S</td>
<td>Church</td>
<td>9am</td>
</tr>
<tr>
<td>27/02</td>
<td>Faith &amp; Mission Working Group Meeting</td>
<td>Staff Room</td>
<td>3:30pm</td>
</tr>
<tr>
<td>01/03</td>
<td>MJR Liturgy: (Lenten Focus)</td>
<td>Church</td>
<td>9am</td>
</tr>
</tbody>
</table>

**Liturgy of Word / Reconciliation**

2L

### Lenten Reflection

(From: We Wish to See Jesus Lenten - Reflections for Individuals and Groups)

In the busyness of our lives, the season of Lent is a time to slow down, even stop. It is a time to ask the essential question, “Where, and how, and for whom, am I the heart and hands and feet of Jesus?”

In Matthew’s Gospel, Jesus names the most basic ways we can recognize his face in the face of the stranger, the hungry, the thirsty, the sick, the imprisoned and the oppressed (25:35-36).

His message is clear: ‘Just as you did it to one of the least of these … you did it to me’ (25:40).

(The Most Reverend Mark Coleridge. Archbishop of Brisbane)

I hope you have an enjoyable week at St Patrick’s and please feel free to approach me if you need more information about any of these subjects mentioned in the newsletter.

**Peter Campbell**

**Assistant Principal**

### APA & SPORT NEWS

**Swimming**

Notes have been sent home and need to be returned for your child to participate in the swimming lessons.
**Assistance Required**

To enable the group sizes to remain small enough to be manageable and productive parental assistance is essential. This can be a very rewarding activity and does not entail much experience as a program is supplied and the teachers and instructors are available for assistance at all times. Please indicate on the swimming permission note when it comes home if you are able to help.

**Student Requirements**

- Swimming cap (This is mandatory for both boys and girls and students will not be able to participate without one)
- Sunscreen of a 30+ rating.
- Swimshirt / Sunshirt
- Sandals or thongs to wear to and from the pool in order to eliminate the time taken at the pool to put shoes and socks back on.

As the swimming program is a part of the St. Patrick’s Curriculum it is essential that a note be handed to the class teacher if for any reason your child is unable to attend swimming lessons.

**Zone Sport Trials**

Over the next few weeks, trials to select Gympie Zone teams to participate at Wide Bay trials will be occurring. These trials are to select U12 Gympie Zone representative teams and as such, only students with a realistic chance of selection are asked to attend. Otherwise, the number of students attending becomes very difficult to manage and it makes the job of selecting a team far more challenging.

Upcoming trials with permission notes ready to download or collect from Office:

<table>
<thead>
<tr>
<th>Boys/Girls Basketball</th>
<th>Wed 27 Feb (forms must be to us by 9am Fri 22nd Feb)</th>
</tr>
</thead>
<tbody>
<tr>
<td>AFL</td>
<td>Wed 6 March (forms must be to us by 9am Fri 1st Mar)</td>
</tr>
</tbody>
</table>

Students must nominate to attend trials. Students who have not nominated via a returned permission note will not be allowed to attend the trials. This is a Gympie Zone rule which applies to all schools, not just St Pat’s.

U12 Rugby League, Boys/Girls Soccer, Boys/Girls Hockey and Boys/Girls Tennis all participate in Wide Bay trials in Hervey Bay at the same time and as such students can only participate in one of these sports.

Any students who make a Gympie Zone team must collect a Project Consent Form (ED QLD media release form) from the Office. We hold onto these forms when they are completed and they only need to be filled in once while you are enrolled here at St Patrick’s.

**Broncos’ Fun & Fitness Sessions - White’s Gully**

The timetable, weather permitting, for Friday 22nd February is as follows:

<table>
<thead>
<tr>
<th>Time</th>
<th>Year Level</th>
</tr>
</thead>
<tbody>
<tr>
<td>9:10 – 9:50</td>
<td>Year 5</td>
</tr>
<tr>
<td>9:50 – 10:30</td>
<td>Year 4</td>
</tr>
<tr>
<td>10:30 – 11:00</td>
<td>Year 3</td>
</tr>
<tr>
<td>11:00 – 11:45</td>
<td>Lunch break for Darren and Trainees</td>
</tr>
<tr>
<td>11:45 – 12:25</td>
<td>Year 7</td>
</tr>
<tr>
<td>12:30 – 1:10</td>
<td>Year 6</td>
</tr>
</tbody>
</table>

Please make sure that your child has completed and returned a permission note. A hat is essential on the day and sunscreen and a water bottle are highly recommended.
AASC – Golf Skills

These activities commenced on Tuesday 19th February and will continue for 6 weeks. Tuesday for Prep – Year 3 and Thursday for Years 4 -7. Only those students who are a part of the AASC program are supervised on these days so we encourage people to make other arrangements for siblings who are not taking part.

Celebration of Success – A reminder

Each week we will once again be having a “Celebration of Success” page in both the parent update and school newsletter. We have so many students achieving success in and out of school it is sometimes easy to overlook acknowledging these successes publicly. We need your help with this and encourage you to send in information and photos of your children participating in activities where they achieve success. Success is not all about being the best or winning; it is about setting and achieving goals, having a go and participating fully in life. Success means accomplishing something you set out to do.

Children will also be acknowledged at Assembly and the pages will be displayed on the notice board near the tuckshop. Please email your contributions to our Celebration of Success pages to me at eellem@bne.catholic.edu.au.

Gympie Junior Touch Sign On

You are able to sign on for Gympie Junior Touch every Wednesday afternoon at 4pm at the Gympie Touch Fields. For more information check out the website: www.gympietouch.com or email Kent Turnbull at gympietouch@gmail.com

Celebrating Our Heritage

Australia has a diverse and rich history of Catholic Education which stretches almost all the way back to the convicts of the First Fleet. The names of some of our buildings here at St Patrick’s Primary celebrate the contribution of individuals and groups to that rich history. Names like Mercy and Mackillop.

Our 4 sports houses also have names which celebrate the contribution of individuals and groups to the Catholic story in Gympie but we rarely use these, we tend to only refer to the colour of each house. This is something we would like to see change. We believe it is important for the children to be aware of the significance of the names and be more knowledgeable of the Catholic story right here in Gympie.

We also believe that now might be an appropriate time to reassess the current names of our Sports’ teams and examine other possibilities. An email was sent home yesterday asking for your input to this topic via an online survey. We really do value your opinion and would encourage as many families as possible to respond to the survey.

Best wishes to you and your family

Eric Ellems
APA and Sport’s Coordinator

MUSIC NEWS

Choir News

We are now into our second week of choir rehearsals. If you think your child may be interested in being in one or both of our school choirs this year please discuss this with them and encourage them to attend rehearsals so they obtain the proper permission notes. It becomes difficult for students to join the choir later in the year as much learning and preparation for performances and excursions has already taken place and often spaces become limited. Students who are keen to join our choirs should do so in the next week.

Vocal Band

Rehearsals are on Tuesdays at second break in the Music Room. Any students from years 2-5 are welcome to join this choir. Students are involved in learning songs for public performance in a fun and non-competitive environment. Performances take place at school and community events throughout the year such as the Gympie Senior Citizens Concert and performance at St Patrick’s Villa.

Choral Harmony Group

Rehearsals are on Mondays from 1:00 -1:45 in the Church. This rehearsal time involves being absent from class time as well as some of break time. Students from years 3-7 are welcome to join. Students are involved in learning vocal techniques and songs for public performance which involve both unison and part singing. Performances take place at school and community events throughout the year such as the Sunshine Coast Choral Spectacular.

Kait Searles
Music Teacher

LIBRARY NEWS

This year we have introduced red, water resistant library bags as part of the book lists for all year levels. These will cost $7.50. This amount will appear on the school fees. It is intended that each child only buys one bag which can then continue up the year levels with that child.

Parents are asked to name the bag with the child’s first name and family name. It is not necessary to mark the roll class on the bag, as we can trace the roll class if we have the first and last name of the student.

A few families have chosen to keep library bags which they have previously sewed or purchased. These families also are asked to name the bag and to include a plastic bag if the bag is cloth, to give added protection from water.

This year children in all year levels will not be able to borrow library resources if they do not have their library bag with them. We have decided to insist on this because books were being damaged, frequently by water, or lost at school. We do ask parents to pay for the resources which children have lost or which are so badly damaged that we have to remove them from the library collection and the cost of books has risen noticeably
in recent years. We feel a library bag will be a good investment, as it will help to keep the resources safer.

All classes have a regular borrowing slot once a week. On Monday it is 7M and 6S; on Tuesday it is Year 4, Year 2/3, Year 3 and Year 1. On Wednesday it is 7A, 1F and 4/5s. On Thursday it is 6L and Year 2 and on Friday it is Year 5 and Prep. It is helpful to us if students bring their library bags and resources into school on their library loans lesson day.

Thanks for your help.

Jillian Kelly
Teacher Librarian

SCHOOL NEWS

Happy Birthday

We would like to wish the following children a very Happy Birthday this week:

Price H  Kaleb M  Blake S
Tate V  Rachel C  Finn H
Caleb W  Chloe W  Benjamin C
Teagan M

Tuckshop Roster

<table>
<thead>
<tr>
<th>Date</th>
<th>Tuckshop Roster</th>
</tr>
</thead>
<tbody>
<tr>
<td>Wednesday 20th Feb</td>
<td>Maria Norris</td>
</tr>
<tr>
<td>Friday 22nd Feb</td>
<td>Rachelle Treeby</td>
</tr>
<tr>
<td>Monday 25th Feb</td>
<td>Theresa Justin</td>
</tr>
<tr>
<td>Wednesday 27th Feb</td>
<td>Kerry Browning</td>
</tr>
<tr>
<td>Friday 1st March</td>
<td>Heather Anderson</td>
</tr>
<tr>
<td>Monday 4th March</td>
<td>Audi Smal</td>
</tr>
<tr>
<td>Wednesday 6th March</td>
<td>Wendy Young</td>
</tr>
<tr>
<td>Friday 8th March</td>
<td>Beth Vowles</td>
</tr>
<tr>
<td>Monday 11th March</td>
<td>Kiran Dhillon</td>
</tr>
<tr>
<td>Wednesday 13th Mar</td>
<td>Lynn Durai</td>
</tr>
<tr>
<td>Friday 15th Mar</td>
<td>Annette Fletcher</td>
</tr>
<tr>
<td>Monday 18th March</td>
<td>Chris H</td>
</tr>
<tr>
<td>Wednesday 20th Mar</td>
<td>Tanya Albion</td>
</tr>
</tbody>
</table>

Tuckshop Menu

***NEW TO MENU***

- Chicken Pie $3.30
- Spinach & Feta Pastie $4.20
- Vegie Burger (Pattie with lettuce and mayo) $3.50
- With salad $4.50

Term 1 Tuckshop Menu can be downloaded from this website or the school website. Please note some prices have increased.

Uniform Shop Hours

- Monday: 2:30pm – 3:30pm
- Thursday: 8:30am – 9:30am

Multipurpose Room – Mercy Wing

Range of good second hand items available

Lunch Time Activities

Miss Anna Neynens will be holding the following activities during the week for all students…come along and have some fun!

- **Wednesday**
  - Trinity Hall LEGO First break for all classes
- **Wednesday**
  - Trinity Hall Games Second Break for all classes
- **Friday**
  - Multi Purpose Room Indoor Games or Craft First Break for all classes

What’s on Term 4

**Week 4**

- **Monday 18th-Thursday 21st February YEAR 3**
  - Swimming 9.00am-10.00am
  - YEAR 2 Swimming 10.00am-11.00am
  - YEAR 6 Swimming 1.45pm-2.45pm
- **Wednesday 20th February**
  - Gympie Zone Netball Trials
- **Thursday 21st February**
  - 3pm-4pm AFL Auskick
  - 3:10pm – 4:10pm Year 4-7 AASC Golf
**Week 5**

**Monday 25th-Thursday 28th February YEAR 4**

Swimming 1:45pm-2:45pm

**Monday 25th-Thursday 28th February**

**LIFE EDUCATION**

**Tuesday 26th February**

3:10pm – 4:10pm

Prep-Year 3 AASC Golf

**Wednesday 27th February**

Gympie Zone Boys/Girls Basketball Trials

**Thursday 28th February**

3pm-4pm AFL Auskick 3.10pm-4.10pm Year 4-7 AASC Golf

**Friday 1st March**

9am Year 7 Leadership Day

Visit from Bishop

**Saturday 2nd-Sunday 3rd March**

Teacher Commissioning-Blessing of Staff

**Week 6**

**Monday 4th-Thursday 7th March YEAR 5**

Swimming 1.45pm-2.45pm

**Tuesday 5th March**

3.10pm-4.10pm Prep-Year 3 AASC Golf

**Wednesday 6th March**

Gympie Zone AFL Trials

**Thursday 7th March**

3pm-4pm AFL Auskick 3.10pm-4.10pm Year 4-7 AASC Golf

**Friday 8th March**

INTERSCHOOL SPORT GALA DAY Yrs 5 - 7

**Week 7**

**Monday 18th March**

School St Pat’s Day Celebrations

**Tuesday 19th March**

3.10pm-4.10pm Prep-Year 3 AASC Golf

**Thursday 21st March**

3pm-4pm AFL Auskick 3.10pm-4.10pm Year 4-7 AASC Golf

**Friday 22nd March**

School Swimming Carnival Year 7 Chocolate drive-forms and money due back at office

**Week 8**

**Monday 25th March**

9am-10am Holy Week Celebrations

**Tuesday 26th March**

3.10pm-4.10pm Prep-Year 3 AASC Golf

**Wednesday 27th March**

9am-10am Holy Week Celebrations

**Thursday 28th March**

Holy Thursday 9am-10am Holy Week Celebrations

3pm-4pm AFL Auskick 3.10pm-4.10pm Year 4-7 AASC Golf

**Friday 29th March**

TERM 1 FINISHES Good Friday

**Encouragement Awards**

<table>
<thead>
<tr>
<th>Class</th>
<th>Name</th>
<th>Reason</th>
</tr>
</thead>
<tbody>
<tr>
<td>Prep</td>
<td>Alex V</td>
<td>For the energetic way you participate in our rotations</td>
</tr>
<tr>
<td>Prep</td>
<td>Ava S</td>
<td>For the wonderful voices you make and the great way you join in our stories</td>
</tr>
<tr>
<td>1 Gold F</td>
<td>Rylan S</td>
<td>For always contributing in a positive and prayerful way during class prayer</td>
</tr>
<tr>
<td>1 Blue P</td>
<td>Bridget M</td>
<td>For being a great listener in class and always doing your best work</td>
</tr>
<tr>
<td>1 White C</td>
<td>Archer B</td>
<td>For the great way you work in class, always trying to do your best</td>
</tr>
<tr>
<td>2 Blue LS</td>
<td>Makenah S</td>
<td>For the wonderful way you participate in all class activities</td>
</tr>
</tbody>
</table>
Healthy Food Choices for the Early Years....

At St Pat’s we focus on creating healthy food habits in years prep to year 2 with the hope that these healthy food behaviours will be maintained in the middle and upper years of primary school and well into the future……

Apart from teaching children about healthy eating choices we also ask that they bring in healthy food and snacks to consume throughout the day. You can assist us in this endeavour by providing healthy food options in your child’s lunchbox. See below for an outline of our food breaks in prep to year 2:

**Healthy food / fruit break:** Ideally we ask that you provide cut up fruit or sliced vegetable sticks for this break. If your child is highly resistant to this we do allow cheese portions or yogurt as another option at this first break. Please don’t send chocolate mouse or highly sugared dairy products. While nuts are a healthy choice some of our students have significant nut allergies. Please avoid sending in foods that contain nuts.

**Lunch:** Please provide healthy and substantial food choices at this break. Sandwiches with meat, cheese and / or salad; or last night’s stir fry or healthy ‘left overs’ are ideal options for children of this age. Try to avoid foods with high fat and sugar content as these tend to make sluggish brains and tired bodies in the afternoon.

**Afternoon tea break:** This is the break where children may eat any other food in their lunch boxes. It’s great when students still have healthy options left at this time of day. With fridge access in every classroom, fruit, vegetables and dairy are still great choices for this break. Home-made treats like cup-cakes, biscuits, muffins and shop bought muesli bars are also allowed at this break. However, these are considered ‘treat’ foods and we do encourage only occasional consumption of these foods for optimal health. Please do not send chocolates, chips and lollies.

At St Pat’s we are working towards being a litter free school so ‘nude food’ options are also great for keeping our school environment clean and teaching long term sustainable and environmentally friendly behaviours.

Thank you for working with us to grow healthy minds, active bodies and responsible learners in our early year’s classrooms.

from St Patrick’s Early Year’s Staff.

Craft Making for the Fete

(ALL PARENTS VERY WELCOME TO COME ALONG)

Monday 4th March from 8:30am in Multipurpose Room

Last time we created some beautiful pieces and had a lot of
fun, so we would like to do it all again. We will be making some canvasses, bookmarks, bags etc for sale at the Fete. So if you have ½ hr or 2 hours to spare and can use a glue gun, sewing machines or scissors (OR like me just make coffee), we would love to see you.

COMMUNITY NEWS

Japanese Home Stay

Miss Taeko Itagaki will join the St Patrick’s Primary School and College communities from late in March for the remainder of the 2013 school year. During her time here, she will share her skills in art and the Japanese language to help our children. She hopes to help children to develop a love for and appreciation of art and improve their art skills. In Japanese classes at the College, Taeko will be a “living resource” for helping us to deepen our understanding of Japanese culture and daily life. We will be very lucky to have a walking dictionary in our classroom!

We thank Lily Dargusch-Haig and her family for offering to welcome Taeko into their family when she first arrives. We are still hoping to find 2 more families who could host Taeko later in her stay. If you think your family would be interested in teaching Taeko about life in Australia and learning about life in Japan, please contact Mrs Sarah Viner at the College (shopps@bne.catholic.edu.au)

If you can Sing, Dance or play an Instrument we want to hear from YOU!

The 2013 Kingaroy Eisteddfod is fast approaching and it is time to start collecting entries for the eisteddfod. The main categories include Dance, Instrumental, Speech and Drama, Keyboard and Literary.

The Kingaroy Eisteddfod is being held from 30 April – 10th May, with the concert on Saturday 11th May starting at 7pm. The dates for the sections are as follows:

- Speech and Drama: 30th April
- Dance: 1st – 6th May
- Vocal, Keyboard and Instrumental: 7th – 10th May
- Concert: 11th May

Schedules are available for Musicians Oasis, The Kingaroy Community Centre and Dimities Cottage (Wondai). Or you can download a schedule off our website at www.eisteddfod.southburnett.com.au

Entries close 8th March, which can be posted or handed into the Kingaroy Community Centre.

We would love to see as many people as we can enter this year!

Further enquiries contact:

Ann Canniford
Ph: 4162 4440

Gympie Diggers Football Club

Is looking for players to sign up for the 2013 soccer season. Sign on by registering at www.myfootballclub.com. Bring a friend and join the fun!!! All age groups from Under 6 to Senior Men and Ladies are looking for players. No experience is necessary. Any queries please call president - Joel Albion 0408 740 635.

Gympie Lions

You can still sign up for Football (soccer) for 2013. Gympie Lions are still taking registrations. Fees have been dropped this year across all age groups. If you are Under 6’s its only $50 for the whole season!! So now is the time to get into Football (aka Soccer)

Vacancies in all ages, from 6 to Adults. Training is on Tuesdays at 4pm at the One Mile Ovals.

If you are keen to play contact:
Mark Jabore at St Patricks’College, or Registrars - Kylie Wheeler on 0439 843 392 or Catherine Buckley 0401 901 430 or Email us gympielionsfootball@gmail.com

Gympie Diggers Football Club

COME AND TRY the THRILL and EXCITEMENT of BMX RACING for FREE

SUNRISE BMX NATIONAL SIGN ON DAY

Your Local Club is at: One Mile Oval, Cooloola BMX Gympie

Date to come and try: Saturday, 23rd February
2pm until 4:30pm
Contact: Chris 0412 459 457

BMX National Sign On Day is a great opportunity to introduce your child to the thrilling and exciting world of BMX Racing! No experience necessary. All you need is a bike and a desire to have fun. For more information or to pre-register, please visit our website at www.bmxaustralia.com.au or contact your local club.

BMX National Sign On Day is proudly supported by BMX Australia and the Gympie Diggers Football Club.
For Sale

Piano in very good condition going cheap. Suitable for anyone learning to play. Wooden with a stool, ivory keys are still white. If interested, please phone Jean on 0408 722 677

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<tr>
<th>DATE</th>
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<tbody>
<tr>
<td>23rd February</td>
<td>Grade 4 St Patrick’s Primary</td>
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<td>2nd March</td>
<td>Kerri &amp; John Isaacson</td>
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<td>9th March</td>
<td>Peter &amp; Di Dillon</td>
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